



Baby's Easy Safe Sleep Training

Wilkes County Public Library

Mon., Jan 9 @ 5:30pm
Wed., Feb 8 @ 11:00am
Mon., Mar 13 @ 5:30pm
Wed., Apr 12 @ 11:00am
Mon., May 8 @ 5:30pm
Wed., June 14 @ 11:00am

This 1-hour class teaches families the safest sleep practices for babies to reduce the risk of SIDS. To attend, you must be:

- at least 30 weeks pregnant or a parent of an infant under 1 year old

Attendees will receive a

FREE PACK'N'PLAY! (One per infant)

For more information, contact the Health Department at 336-651-7483

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